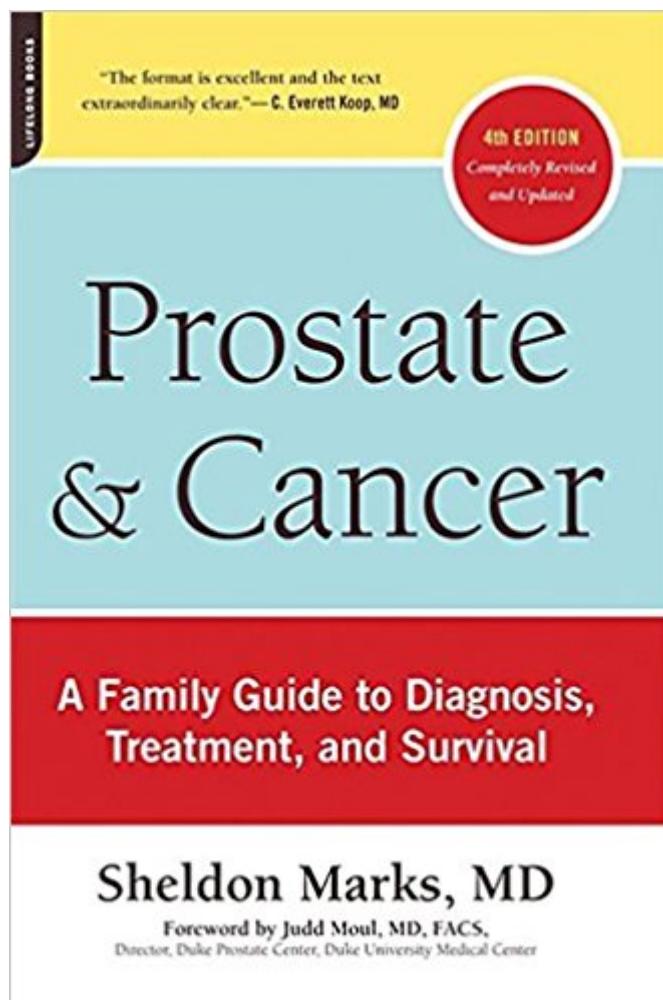


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# Prostate And Cancer: A Family Guide To Diagnosis, Treatment, And Survival



## **Synopsis**

Prostate cancer is one of the most common cancers affecting American men, with over 186,000 new cases diagnosed in the United States annually; 1 in 6 men will be diagnosed with prostate cancer during his lifetime. Renowned prostate cancer specialist Sheldon Marks offers the definitive guide for men concerned about or diagnosed with prostate cancer, and for their families. Since the third edition (2003), there have been significant changes in treatment and resources. Working with Dr. Judd Moul, the Chairman of Urology at Duke and one of the world's top experts on prostate cancer, Marks provides the most up-to-date information on diagnosis, treatment, and common questions.

## **Book Information**

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## **Customer Reviews**

Sheldon Marks, MD, is a specialist in prostate cancer. He received his training at Tufts University, the New England Medical Center, and the Mayo Clinic. He lives in Tucson, Arizona.

The information here is seriously outdated and really needs to be updated. I would hesitate recommending this to anyone with a diagnosis of Prostate Cancer. Too many advances have been made in several fronts. My advise is, research, ask questions, ask more questions. Seek a second, third and forth opinion and make a careful decision that you can feel happy with and not regret. Best of luck in find the answer. You can also search for local support groups in your area.

This is a MUST READ for any man or family of a man that has been diagnosed with prostate

cancer. The book is an easy read that asks and answers everything you ever wondered about fighting Prostate cancer. I read the book after my diagnosis and then bought a copy for my mother and the local public library!

Outstanding read!!! If you or anyone you know has Prostate Cancer this is a must read. I gave my copy to a friend and will buy another in one minute for reference. It covers every aspect of this devastating disease.

When you're told you have cancer, a tornado spins into action in your head. You stop hearing what the doctor has to say. "I have cancer," you keep repeating. You can't think about anything else for days or weeks. In his book, Dr. Marks explains this very serious, sometimes deadly disease in the same manner as if he were talking to you in his office—without a six-hour appointment and no interruptions. He explains every detail of the disease, its progress, and all the methods of treatment so you're not left wondering, "What's next?" I went into the book a pretty scared (old) dude, as I'd been diagnosed with a "very aggressive, high grade cancer," with a Gleason score of 9 (if you don't know what a Gleason score is, the book tells you). Dr. Marks' explanations calmed me a bit, and gave me the needed information to listen to my doctor and really understand my position. The book delves into all forms of treatment, their side effects, and the reasons to do one over another. By reading through it all, I was able to talk treatment options over with my doctor in a more objective frame of mind. I can't recommend this book any higher—if you're concerned about prostate cancer for yourself or someone else, you can't get a better reference.

My husband was recently diagnosed. The info in the book mirrored what the urologist and radiologist explained. Thanks. As an advance practice nurse, found information clear. My husband read also and gained a lot of information.

Great book. This is a very painful experience. My doctor recommended reading it to get an understanding of what to expect and to help make a decision about treatment. I was prepared for the surgery and felt good about my option. I recommend reading this book if you have been diagnosed with prostate cancer.

My surgeon said it was very dated. After discussions with him we felt that radiation therapy was the way to go. Marks points out many "bad" effects of radiation which my surgeon said are very dated. I

did it and I'm happy now!

Very informative and well written. Dr. Marks anticipates and then answers the questions people may have concerns about. He also dispels misinformation that is out there. Dr. Marks explains cancer and explicitly prostate cancer and other symptoms that might not be related to cancer. Thank you Dr. Marks for taking the time to write this very well researched and useful book!

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